

# Magnesium Citrate Bowel Prep

## Day#1 of 2-day prep

Oral Solution  
Lemon Flavor

Laxative

No Prescription Required



Your physician has chosen for you to be on a two-day prep to cleanse for your procedure.

Two days before your procedure you should eat light meals for breakfast and lunch, and begin a clear liquid diet as a substitute for your evening meal.

See enclosed prep instructions for approved clear liquid foods.

You will also need to purchase a 10 oz. bottle of Magnesium Citrate and drink at 6 pm on day #1 of the 2-day preparation.

On day #2 of your prep, follow the standard prep instructions enclosed.