

Podiatry



Healthy feet happy moving

At BlueCare, we know how important healthy feet are to your comfort, mobility and confidence—especially as you age. Our experienced podiatrists provide gentle, professional care to help you move freely and avoid complications.

From everyday foot care to managing complex conditions, we're here to support your mobility and wellbeing.

Care for your feet, tailored to you

We provide support with:

- Nail and skin care (corns, calluses, thickened or ingrown nails)
- Diabetes-related foot health
- Foot pain and conditions like plantar fasciitis
- Pressure care and ulcer prevention
- Balance and gait concerns
- Custom orthotics and footwear advice

Appointments are available in your home or at selected BlueCare centres.

How podiatry can help

We'll help you:

- ✓ Stay active and mobile
- ✓ Reduce foot pain and discomfort
- ✓ Prevent wounds and infections
- ✓ Maintain foot health with diabetes or circulatory issues
- ✓ Improve balance and walking
- ✓ Access the right footwear and support

Regular podiatry can help you stay independent and reduce the risk of falls or complications.

Explore our full range of allied health services

Exercise physiology • Physiotherapy • Music therapy
Occupational therapy • Social work • Dietetics
Psychology and counselling
Speech pathology



Our podiatry services are available through:

- Support at Home
- Department of Veterans' Affairs
- Fee-for-service

Let's get you moving

Speak with us today to learn more or to book a personalised assessment.

 1300 258 322

 bluecare.org.au

 BlueCare -
in good hands

 **BlueCare**
Live life your way