# Practicing psychologists endorse their WellSpan Philhaven Hospital internship

"The internship program leadership were knowledgeable, caring, and thoughtful people. It was clear to me from throughout my entire tenure as an intern that they were invested in my professional development and well-being. They modeled how to be clinical psychologist within a large health system that simultaneously manages multiple clinical and leaderships roles, navigating ethical resolutions to extremely difficult situations, and appropriately scaffolding the educational and experiential nature of my learning as an intern. I am a better communicator, therapist, leader, entrepreneur due to my training."

"This internship experience taught me how well an effective team can work to make change. The internship team was wonderful."

"Discussing ambivalent, conflictual or distressing thoughts and emotions related to my patients' religion, spirituality or sense of belonging are important pieces of cultural sensitivity that the Philhaven internship helped me develop."

Comments above received in anonymous survey of former WellSpan Philhaven interns.

#### For More Information

Melanie Baer, PsyD, Director WellSpan Philhaven Hospital Doctoral Psychology Internship

283 S. Butler Road P.O. Box 550 Mt. Gretna, PA 17064 phh-intern@wellspan.org (717) 273-8871

WellSpanPhilhaven.org/ DoctoralInternships



## About WellSpan Philhaven

#### Making healthcare one size fits one.

WellSpan Philhaven is south central Pennsylvania's most comprehensive behavioral health organization, serving Adams, Lancaster, Lebanon and York counties through 54 programs and 27 care locations. For more than 65 years, we have focused on treating the whole person - mind, body and spirit. We offer services for all ages and various levels of care, including hospitalization, day programs, outpatient behavioral health services, and services in the home, school and community. WellSpan Philhaven is part of WellSpan Health, an integrated health system serving the region with a home care organization, eight respected hospitals. more than 19,000 employees and more than 170 care locations.

## Wellspan Philhaven Hospital Doctoral Internship in Health Service Psychology





#### From the Director

Thank you for your interest in the WellSpan Philhaven Hospital Doctoral Internship. I have been the director of this program for over twenty five years, during which time we have been privileged to contribute to the growth and development of many doctoral interns.

In the internship program, we have a highly proficient and engaged training staff with varied educational backgrounds and areas of expertise. These experienced and effective professionals keep me personally excited about our program and the work at WellSpan Philhaven.



WellSpan is making intentional efforts to build candidate slates representative of diverse identity attributes, including age and generation, disability, race, ethnicity, gender identity, parental status, religion, sexual orientation, and Veteran status. Related to these efforts, WellSpan was recognized by Newsweek as one of "America's Greatest Workplaces for Diversity" in 2023.

Please feel free to be in touch if you have questions about our program.

#### Melanie Baer, PsyD

Director

WellSpan Philhaven Hospital Doctoral Psychology Internship

P.S. Please visit WellSpanPhilhaven.org/DoctoralInternships for more details on how our program might be the right choice for your future. Our application process, a complete handbook and biographies of our supervisory staff are available online.

### **Program Accreditation**

The WellSpan Philhaven Hospital Doctoral Internship program was accredited by the American Psychological Association (APA) in 1989 and has maintained APA accreditation status continuously since that time. The APA Commission on Accreditation can be contacted at 750 First St., NE, Washington, DC 20002-4242, or by calling (202) 336-5979.

## **Covid-19 Program Modifications**

During the pandemic, we have been able to provide essentially the same internship program, with minor modifications to increase safety (including increased use of telesupervision). A more detailed description of Covid-19 modifications is available in our internship handbook, at WellSpanPhilhaven.org/DoctoralInternships.

## WellSpan Philhaven Hospital Doctoral Internship in Health Service Psychology Program is a twelve-month, full-time, doctoral internship.

Since its inception in 1974, over 150 psychology interns from at least 50 graduate programs have benefited from the program. Interns gain experience in individual and group psychotherapy, couples and family therapy, diagnostic evaluations and other professional activities.

Our Psychology Internship Program is known for its strong clinical training, exposure to diverse clientele and clinical experiences, multiple levels of care — including inpatient — and our unique program that provides care to the Plain Communities.

including Amish and Old Order Mennonites.

As of January 1, 2016, Philhaven became an affiliate of WellSpan Health, a regional healthcare organization with values in common with Philhaven's. We continue to serve the broad local community as well as religious and spiritual communities, consistent with Philhaven's history. The internship includes training in the integration of religion and spirituality and psychology practice. Interns are encouraged to attend to the needs of the whole person, including the spiritual dimension, as well as recognizing emotional, biological, cultural and social factors.

#### **Ideal Location**

WellSpan Philhaven's inpatient hospital campus includes 200 acres of open and woodland property adjacent to an

operating farm and bordering the popular summer resort of Mt. Gretna. Locally, you will find exceptional historical, cultural, recreational, dining, retail and professional opportunities. Gettysburg, Baltimore, Philadelphia, Washington, DC, and New York City are within a few hours' drive.

### **Program Advantages**

- Established program
- Behavioral health inpatient and outpatient settings
- Experienced and supportive supervisors
- Diverse client population
- Training in increasing equity, justice and inclusion for those from historically underrepresented groups
- Unique training in integration of religion and spirituality
- Training in psychological assessment