

# Zurich Services

## Vermont Utilization Review Precertification List\*

- All surgeries
- Hospital length of stay review
- Chiropractic care beyond 6-12 sessions
- Occupational or Physical therapy beyond 6-12 sessions
- Work hardening/work conditioning
- Imaging studies- MRI, CT Scans, etc.
- Pain Management
- Electro diagnostic studies (EMG/NCV)
- Home Health Care
- Facet Injections
- Epidural Steroid Injections
- Investigational or Experimental procedures (IDET, VAX-D, Artificial Disks etc.)
- Large DME items that cost more than \$500

## Items that do not need a Utilization Review Referral

- Referrals to specialist
- Routine lab work
- Medications/Pharmacy Items
- Routine x-rays
- Durable Medical Equipment under \$500
- Referrals to specialist
- Office Visits
- Initial MRIs
- Physical Therapy first 6-12 sessions
- Occupational Therapy first 6-12 sessions
- Chiropractic Care first 6-12 sessions
- Medical supplies
- Routine Medications and Pharmacy Items
- Cortisone injections
- Urgent or Emergency Care for Life threatening conditions

\* Effective 3-25-2011, Updated 3-19-24

