

# Soft Tissue Injury Prevention Program

In collaboration with the Associated General Contractors of America (AGC)\*, Zurich offers the Soft Tissue Injury Prevention Program (STIPP) to educate the construction industry on preventing soft tissue injuries in the workplace.

---

## Your challenge

Soft tissue injuries (STIs) affect the muscles, tendons, ligaments or nerves and account for 35 percent of all lost time, workrelated injuries.\*\* Such injuries can happen suddenly (acute) or develop over long periods of time (chronic). Either way, they can be devastating to both employers and employees, resulting in increased workers' compensation costs, lost work time and even permanent disability.

## Our solution

Zurich's STIPP promotes awareness of STIs through training on how to help mitigate or prevent the impact of injuries. The program is available in two formats, the "executive" version targeting senior leadership and key decision makers, and the "field" version focusing on field employees and other personnel.

The executive version runs approximately four hours and includes technical information on the causes of STIs and ways to prevent them. It also includes a trainer's manual, DVD, PowerPoint presentation and participant guides. The field version is approximately one hour in duration and features a training guide and DVD (available in both English and Spanish) that discusses some of the more common do's and don'ts for preventing STIs.

This program can be adapted to meet customer-specific requirements, including a live train-the-trainer session by Zurich Risk Engineers.

## Additional resources

The Associated General Contractors of America, Inc.  
2300 Wilson Blvd., Suite 300  
Arlington, VA 22201  
[www.agc.org](http://www.agc.org)

To learn more about the Soft Tissue Injury Prevention Program, please contact your Risk Engineering account coordinator.

\* Associated General Contractors of America is not a subsidiary or affiliate of Zurich and use of their products and services are independent of, and not included within, Zurich's products or services.

\*\* Nonfatal Occupational Injuries and Illnesses Requiring Days Away from Work Bureau of Labor Statistics, 2015

## Zurich

1299 Zurich Way, Schaumburg, IL 60196

800 382 2150 [www.zurichna.com](http://www.zurichna.com)

---

This is intended as a general description of certain types of risk engineering services available to qualified customers through The Zurich Services Corporation. The Zurich Services Corporation does not guarantee particular outcomes and there may be conditions on your premises or within your organization which may not be apparent to us. You are in the best position to understand your business and your organization and to take steps to minimize risk, and we wish to assist you by providing the information and tools to assess your changing risk environment.

© 2014-2018 The Zurich Services Corporation.

A1-112010588-A (02/18) 112010588

