

Zurich  
Development  
Center



# Sweet Dreams



# Welcome to the ZDC

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We hope you had a successful day and wish you a pleasant stay with us at the Zurich Development Center!

Healthy Sleep is a vital factor in recharging our physical and emotional batteries. That is why we offer our guests an exclusive range of pillows.

Treat yourself to a truly special sleeping experience and select the right pillow for you from the list.

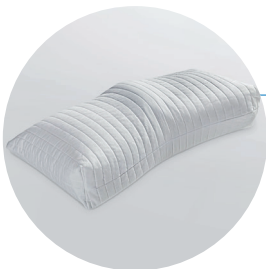
Please order your pillow at the Reception by dialling extension 111.

We wish you a relaxing night's sleep.

Sincerely,

**The Zurich Development  
Center Team**





## Anti-Snoring Pillow

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### Patented for a quieter night.

The patented Anti-Snoring pillow works via a specially designed inflatable "head-side roller", which induces side sleep and thus reduces or eliminates snoring.

## Stone Pine and Wool Pillow

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### The vitality of stone pine.

The filling of the Wellness stone pine pillow consists of pure new wool and high quality stone pinewood flakes. The positive properties of this wood are scientifically proven: stone pinewood reduces the heart rate during sleep and strengthens the cardiovascular system. At the same time vagus activity is increased – this has a regulating and calming effect on heart activity and breathing and stimulates the digestive process.



© HEFEL Textil



© HEFEL Textil

## The Cool Pillow

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### Keep a cool head!

This pillow has a pleasant cooling effect thanks to its integral fleece and ensures a comfortably balanced climate for the head. Science suggests that if the bloodflow to the head is too strong and generates too much heat, it is harder to fall asleep. Thus, with a cooler head, it is easier to fall asleep and stay asleep. The HEFEL Cool pillow will without a doubt help you fall asleep swiftly and enjoy a relaxing night's sleep.



## Cherry Pit Pillow

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### The traditional Swiss remedy

For hundreds of years, Swiss farmers used to put bags of cherry pits on the stove. During the day, the pits would heat up and then be used to soothe muscle aches.

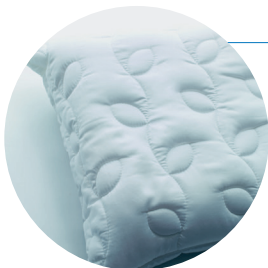
Cherry pit pillows can also be cooled if desired and used as cooling packs. Please mention how you would like your pillow when ordering.

## The Ombracio Pillow by Tempur

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### For an exceptional sleep experience

This pillow supports you in your preferred sleep position. The special design allows easy breathing, even when sleeping on your stomach. The shape, the material and the cover of the pillow have been designed for better airing, comfort and simply a more restful sleep.



## Sanavital

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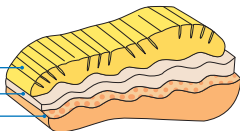
### The multi-functional pillow to support your neck

This pillow has a three layered core: Firstly, a visco elastic memory foam. Secondly, a removable conical layer in the middle. Thirdly, a firm base made from latex.

Super soft top made from latex

Removable conical layer

Latex base



## Sananature

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**A truly exceptional dual-layered natural pillow, warm and soft, yet fully supportive**

Unique dual layered pillow, made from natural fibres, and with a snug fit. Millet hulls and fluffy down make this pillow the ideal combination of firm support and lovely soft sleeping comfort.

## TMX Trigger Pillow

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**Discover the new dimension of regenerative sleep**

People are constantly on the move - even while they sleep. The head alone is over-rotated and over-extended more than 100 times. The result: a physiologically unfavorable position that can cause chronic pain in the long term, e.g. in the shoulder/neck muscles, the cervical spine and the head itself.

The pillow makes the difference: You relax and the TMX Trigger Pillow works for you on your recovery. With its integrated trigger spots, the pillow influences anatomical and physiological bottlenecks of the autonomic nervous system as well as circulatory nodes where the supply currents of the human skull are regulated. In this way, the TMX Trigger Pillow promotes active regeneration - just like a physiotherapist.



Watch how it works online



Please select the perfect pillow for you and call our Reception by dialling 111.

# Would you like to enjoy Betten Thaler comfort at home?

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You can order your pillow using the following order form.

For more information, please visit Betten Thaler on:  
[www.bettenthaler.ch/hotel](http://www.bettenthaler.ch/hotel)

