# **NEWSLETTER** – September 2025 Aegis Risk Management Insights

# Return to Work & Lifting Techniques for Aegis Members



Essential information to help DSP owners manage risk and run business.

Dear Member,

Zurich Resilience Solutions is committed to helping you find solutions to manage your risk and run your business.

Read and share these resources with your employees and management team to help minimize and prevent risk, build a cohesive, high-performing team, and achieve your business goals.

## Resources for you and your team:

Teaching DSP drivers proper lifting techniques and providing ongoing supporting and resources – can help make a difference in reducing the risk of back injuries, which means fewer insurance claims, less administrative work, and reduced downtime for your organization. Investing in training not only protects your team but also helps your business run more smoothly.

Read, Share Zurich's articles with your team to help prevent these common risks to your business:

- Back Injuries and Lifting Techniques for DSP <u>Driver</u>
- Lifting Techniques to Avoid Injury

### Resources for you:

An effective Return to Work (RTW) program is essential for Aegis DSP drivers coming back after an illness or injury. A well-structured RTW program supports drivers in their recovery, helps them transition smoothly back into their roles, and reduces the risk of re-injury. By providing clear guidance, organizations can help drivers regain confidence, stay productive, and maintain a healthy workplace.

Read Zurich's article, <u>Return to Work Program for Aegis</u> <u>DSP Drivers</u> and find strategies for building a culture of health and safety – and positivity in your organization.

#### **ADDITIONAL RESOURCES:**

Access resources in the AEGIS (ZRS) Members Website.

#### **HELPFUL CONTACTS:**

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Please reach out to Ronda or Bill with any questions or suggestions. We look forward to helping you achieve your Goals this year.

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