

# Onsite Medical Services: Comprehensive Prevention, Response, and Recovery for Your Workforce



## Helping You Prevent, Respond, and Heal: Directly at Your Worksite

At ZRS, our approach to occupational health goes beyond treatment—it's a commitment to proactive, holistic care that begins with prevention and continues through recovery. Our onsite medical services help to prevent injuries, respond quickly, and accelerate recovery, directly at your worksite.

### Key Service Components

#### Proactive Preventative Care

Our onsite team specializes in identifying risks before they result in injury, using tools such as ergonomic assessments, educational wellness sessions, immunizations, and stretch and flex programs. By fostering a culture of prevention, we help reduce the occurrence of both acute and chronic injuries, leading to a healthier, safer workplace.

#### Immediate Medical Triage and Care

When an event happens, no matter the size or type of injury, onsite medical professionals are prepared to provide fast, expert triage. Whether an employee experiences a sore muscle or a more significant event, our team evaluates and delivers the appropriate care, including first aid and, if needed, physical therapy. This ensures that minor issues are addressed before they escalate, and more serious cases are managed efficiently from the outset.

#### Seamless Support Through Every Stage of Recovery

For injuries that become claims, a physician will manage formal aspects like return-to-work timelines and restrictions. Our onsite team continues to play a vital role, helping employees comply with medical advice and accelerating healing through tailored physical therapy and ongoing support. Notably, physical therapy conducted onsite does not interfere with the claims process but rather complements doctor-prescribed treatment.

### Value for Your Organization



**Proactive Injury Prevention:** Early intervention stops injuries before they occur or worsen.



**Efficient Incident Response:** Immediate care for every health event, reducing downtime and escalating only when truly necessary.



**Seamless Integration With Claims:** We work alongside your claims process, supporting employees' medical recovery and compliance with doctor recommendations.



**Enhanced Wellbeing and Engagement:** A healthier workforce is a more productive, engaged, and resilient team.



**Tailored to Your Needs:** From industrial sites to corporate campuses, services are customized for your environment.



9 out of 10 studies found Onsite Health Centers were cost-effective or provided positive returns for employers. Annual cost savings per center ranged from \$35,479 to \$2,124,723. Employers saw returns of \$1.09 to \$15.88 for every \$1 invested. Larger companies, higher usage, and longer operation periods contributed to higher returns.

Source: [Journal of Occupational and Environmental Medicine](#)

## Customized Levels of Care

We coordinate a range of clinical professionals, EMTs, nurses, and Athletic trainers, depending on your organization's needs. This ensures that every employee receives appropriate, expert care, right at the worksite.

## Comprehensive Health and Wellness Offerings



**Physical Capability Testing:** Ensures employees are fit for their roles, reducing risk of overexertion.



**Ongoing Physical Therapy:** Addressing musculoskeletal issues and supporting long-term health.



**Mental Health First Aid:** Our specialists provide immediate mental health support and can train your workforce to recognize and respond to mental health challenges.



**Immunizations and Preventive Screenings:** Protect employees from preventable diseases and maintain workforce health year-round.



**Educational Programs:** Workshops on safe lifting, mindfulness, and wellbeing drive awareness and healthier habits.



**Employee Wellness Consultations:** Personalized guidance to help employees manage and improve their overall health.



Discover how ZRS Onsite Medical Services can help you create a safer, healthier, and more productive workplace, delivering end-to-end support for your most valuable asset: your people.

To learn more or discuss a tailored program, connect with your Zurich Risk Services representative.