

Ergonomic Kaizen Event

Unlocking workplace safety, efficiency and productivity



Kaizen, meaning “good change,” focuses on continuous improvement through small, actionable steps. Zurich Resilience Solutions **Ergonomic Kaizen Events** address workplace ergonomic challenges through 3-day workshops. These sessions bring together cross-functional teams to identify risks, streamline processes and implement improvements.



Why ergonomics matter

Musculoskeletal disorders (MSDs) are the leading non-fatal workplace injuries, making up nearly 34% of all workers’ compensation costs in the U.S.¹ These injuries result in significant healthcare expenses, lost productivity and absenteeism.

At Zurich Resilience Solutions (ZRS), we know that addressing ergonomic risks is more than a compliance issue—it’s a business imperative. We offer Ergonomic Kaizen Events to deliver fast, impactful changes that improve safety, efficiency and employee wellbeing.

How it works

The events are dynamic, team-based workshops focused on achieving low-cost, high-impact improvements in any organization. During these events, ZRS’ ergonomic specialists work closely with your team to:

- Address ergonomic risks and inefficiencies
- Apply Lean and 5S principles to streamline workflows
- Optimize workstations to reduce motion waste
- Implement real-time ergonomic solutions that boost safety, productivity and comfort

Ergonomic specialists facilitate the workshop and provide specific guidance, fostering collaboration and helping the team identify and implement practical, high-impact improvements.

Workshop benefits

- Enhanced workplace safety – Ergonomic interventions help prevent MSDs and reduce injury risks, resulting in a healthier, more productive workforce
- Improved productivity and efficiency – Reducing motion waste and optimizing workstations can boost employee comfort, efficiency, productivity and job satisfaction
- Custom workplace solutions – Ergonomic specialists customize each Kaizen Event to your needs, helping ensure sustainable and impactful improvements
- Cost savings – Preventing injuries can lower worker compensation claims, absenteeism and turnover, resulting in long-term cost savings and improved morale
- Measurable results – Each facilitated workshop event delivers documented improvement opportunities with rapid payback and comprehensive metrics for tracking success

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¹ <https://www.bls.gov>

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